

Team officials' meeting

Monday 6.2.2017

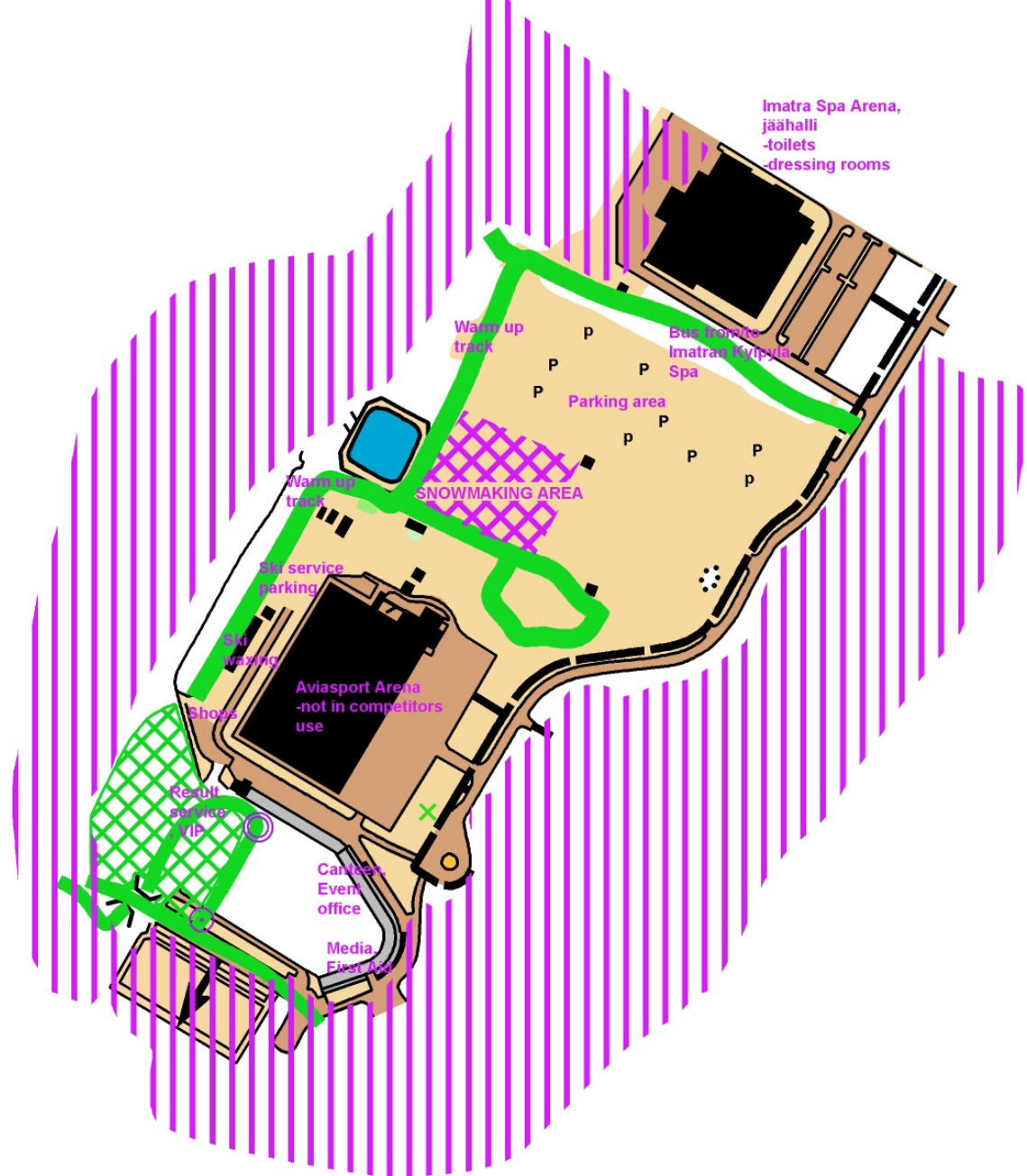


IMATRA-FINLAND

ESOC | JWSOC | EYSOC | WMSOC

2017

Competition center



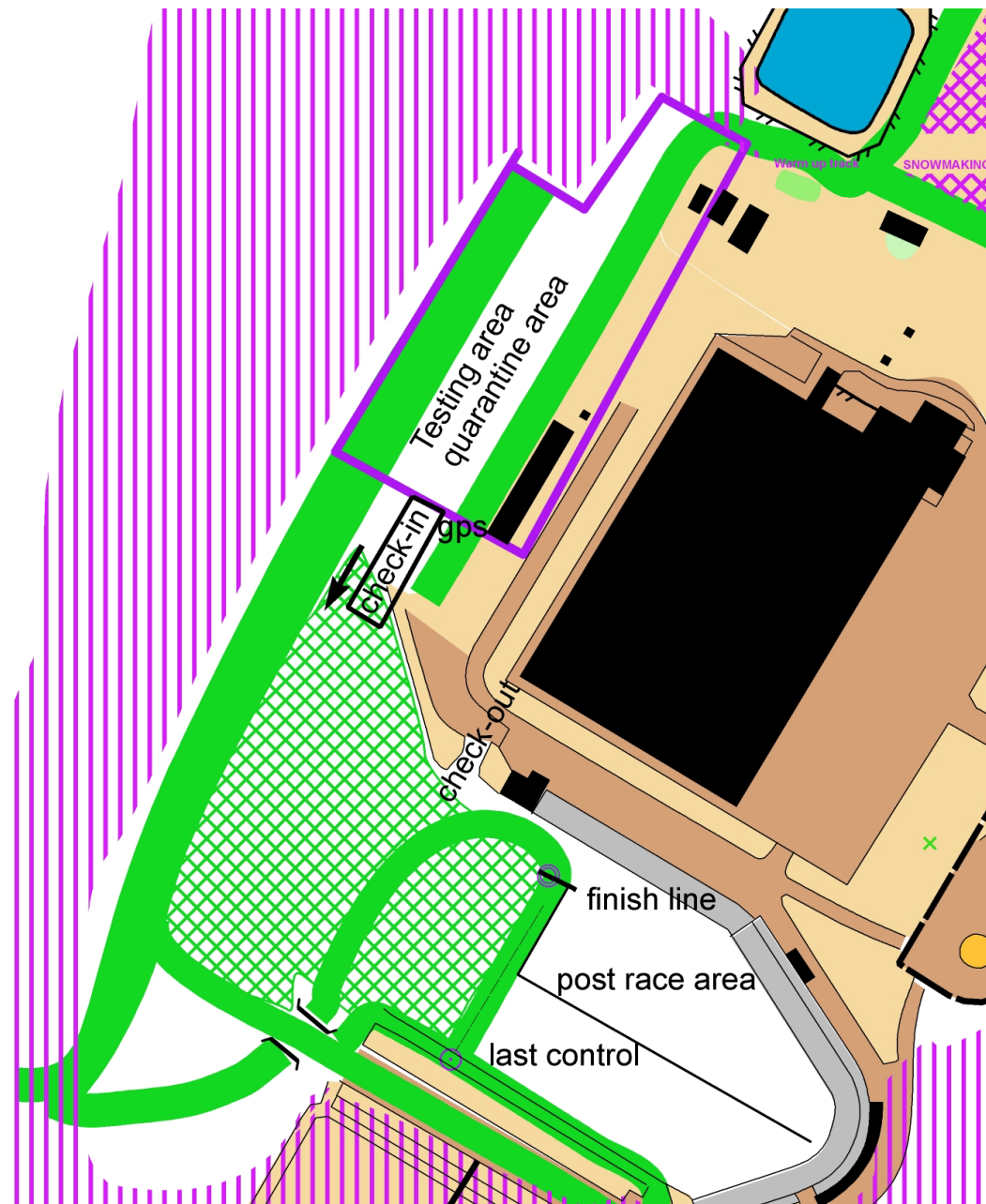
Quarantine zone / Sprint 7.2.2017

All competitors must be in quarantine area latest at 11:00 am. Empty and heated waxing huts are in use for the waiting competitors.

Warm-up and ski test area is located behind the waxing huts and is limited by forbidden area tapes.

Post race area is located at northern part of the stadium. There is one heated tent (StoraEnso / Rethink) in use of competitors after the race.

Competitors and team officials who leave the quarantine area are not allowed to return back during the race.



Quarantine zone

- Free and warm waxing cabins are available for athletes 😊



Equipments (warm up clothes)

- Plastic bags available at the pre-start
- Organiser transport bags from the start to the finish
- There is not equipment control in the terrain



Timetable

- 11.00 W21 first start
- 11.00 quarantine area closes
- 11.30 M21 first start

- Flower ceremonies immediately after mens' race
- Top 3 athletes' interview at the VIP room



Competition numbers & GPS

- Number vests must be worn
- Place number bibs on both legs
- Selected athletes wear GPS tracking device
- The list of the athletes wearing GPS will be published with the start lists.
- GPS device must be picked up at the pre-start personally.
- Number vests and GPS device must be handed out after finishing.




Start

- Start interval is 1 minute
- Start signal is a beep sound from a start clock



ESOC Start procedure

Warm up	Pre-start 6 min	3 min	2 min	Start 1 min	0	On Tuesday sprint, 240m
<p>A model control point is at the warm up area.</p> <p>A GPS device counter is at the pre-start.</p>	<p>You will be called by name.</p> <p>emiTag check-in</p> <p>Follow the marked 100m route from the pre-start to the time start.</p>	<p>Clear your emiTag</p>		<p>15 s before the start signal the map will be handed out to the hand.</p> <p>Start signal is a beep sound.</p>	<p>STARTLINE</p>	<p>The marked track from the startline to the start point (start triangle) must be followed!</p> <div style="text-align: center;">  </div>



Courses

- **M21**
- Distance (straight) 3,2km
- Distance 4,2km
- 9 controls
- 13min
- Total climb 80 meters



Courses

- **W21**
- Distance (straight) 2,9km
- Distance 4,0km
- 9 controls
- 14min
- Total climb 80 meters



Special instructions

Competitors can cross the forbidden roads only where the map symbol shows it.



Special instructions

- There is H21 or D21 class markings on the map.
- H21 = M21
- D21 = W21
- The map will be handed out by the organiser at the start grid 15s before the start signal



Map

- Scale 1:5 000
- Size A4
- Athlete hands out the map after finishing
- Map returning after the sprint relay



Finish

- Athlete's competition time stops when he crosses the finish line
- Map must give to organiser
- EmiTag read-out
- Athlete must give his GPS device and IOF vest to the organisers at the



Cool down area

- Near the finish athletes have possibility to exchange clothes inside the stadium building
- Skiing/cool down area is at the arena



Snow conditions

- In many semi-open areas the snow cover is 10-20 cm but in more dense forests and in open windy areas there is less.
- Most of the wide tracks are in very good condition.
- In more challenging areas the organizers have transferred snow to tracks, so they are also well skiable. Some branches of the trees and ground vegetation may appear, but it is safe to ski.
- Be careful especially in steep downhills and in track junctions.
- Organizers have changed the original plan of the track network and removed most challenging areas.



Jury

- Sweden: Karl-Johan Björkman
- Russia: Alexandr Bliznevsky
- Austria: Markus Lang

